

# INSTRUCTIONS FOR SUBMISSION OF URINE SPECIMENS

## FOR AMPLIFIED, NON-CULTURE, TESTING FOR

*N. gonorrhoeae & C. trachomatis*

### MICHIGAN DEPARTMENT OF COMMUNITY HEALTH

**NOTE: If the specimen container is received leaking, not properly labeled, test requisition not completed or the specimen label does not match the test requisition, or specimen is greater than five days old when received, the specimen will not be tested.**

#### Urine Specimen Collection

1. The patient should not have urinated for at least one hour prior to specimen collection.
2. The patient should collect the first 15 - 20 mL of voided urine (the first part of the stream - **NOT MIDSTREAM**) into a clean, preservative-free container such as a paper or plastic disposable cup.
3. Wearing gloves, immediately transfer urine from the specimen collection cup to the plastic specimen container (primary receptacle) provided. **Do not discard the preservative in the tube.** Fill tube to the red “minimum fill line” (approximately 10-12 mL). **Do not overfill the specimen container.**

#### PACKING INSTRUCTIONS FOR TRANSPORT

- A. Screw cap on the specimen container as tightly and evenly as possible. Tape the cap on the specimen container to secure it in place.
- B. Label specimen container with the same name/unique identifier used on the test requisition.
- C. Record the name/unique identifier on the specimen container/requisition for your records. You will use it to link the specimen to the patient.
- D. Place properly labeled specimen container, wrapped in absorbent material provided and enclosed in the plastic bag provided, into the aluminum can (secondary container) labeled with the biohazard symbol.
- E. Wrap completed test requisition around outside of aluminum can and slide both into cardboard container (outer shipping container) provided.
- F. **Complete** and apply the return shipping, diagnostic specimen label to the cardboard container and ship by the most rapid and convenient means available (e.g. a courier, bus, or U.S. First Class, Priority or Express mail, etc.) to the laboratory indicated on the label provided.

**NOTE: The shipper is responsible for being sure that their package is in compliance with the current shipping regulations.**